

Timeline for State WIC Champions

<p>August/September</p> <p><i>August Affirmations</i></p>	<p>Goal is to introduce the concept of a State Champion and begin training on OARS skills beginning with affirmations.</p> <ul style="list-style-type: none"> • Present at All-Staff meeting – PowerPoint and Practice Activity. • Ask state staff to become a Champion (group to support and build on PCS) hope to have one person from each of the sections in the office with both support and program staff roles represented. • Affirmations handout and activity – “August Affirmations:” Write down your personal goal in using affirmations over the following month.
<p>October/November</p> <p><i>Fall Reflections</i></p>	<p>Goal is to introduce the new title for PCS in WA (WIC Connects one-to-one), the State Champions group, and introduce reflections as the OARS skill</p> <ul style="list-style-type: none"> • Present at All-Staff meeting – PowerPoint and Practice Activity. • Check-in from previous month’s OARS skill and introduce plans for continued learning and practice for WIC Connects. • Reflections handout and activity – “Fall Reflections:” practice reflective listening • Booster activity is to share stories in staff common areas. Champions provide the paper and markers along with instructions to share a story where a reflection helped the conversation, either at work or at home. Stories are posted for everyone to read on a piece of flip chart paper.
<p>December/January</p> <p><i>A Winter Wonderland of Open-ended Questions</i></p>	<p>Goal is to introduce the OARS skill Open-ended questions</p> <ul style="list-style-type: none"> • Present at All-Staff meeting – PowerPoint and Practice Activity. • Check-in from previous month’s OARS skill and introduce plans for continued learning and practice for WIC Connects. • Open-ended questions handout and activity – “A Winter Wonderland of Open-ended Questions:” practice activity. Champions bring cookies to the meeting starting with the letter from an OARS skill. The activity is to ask people to take a cookie and share why they selected that type of cookie, their partner asks more questions about their choice, with the goal of practicing open-ended questions. • Booster activities – each Champion schedules time on their own teams meeting agenda for practicing open-ended questions.
<p>February/March</p> <p><i>Spring is Coming Summaries</i></p>	<p>Goal is to introduce the OARS skill Summaries</p> <ul style="list-style-type: none"> • Present at All-Staff meeting – PowerPoint and Practice Activity. • Check-in from previous month’s OARS skill and introduce Summaries. • Summaries handout and activity – “Spring Summaries:” practice OARS skills that we have learned so far including summaries. • Booster activities – each Champion schedules time on their own teams meeting agenda for practicing summaries.

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59.7 Reading ease
11.1 grade level